

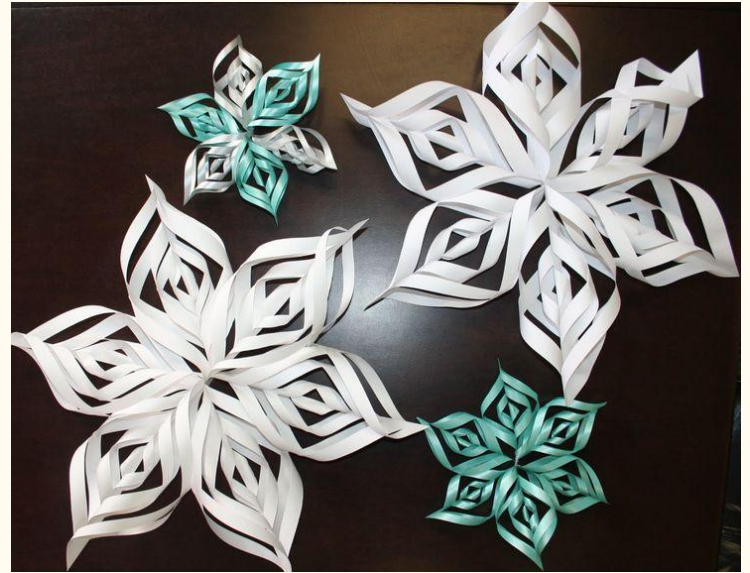
# When You Wish Upon a Snowflake

Arts in Healthcare Presentation



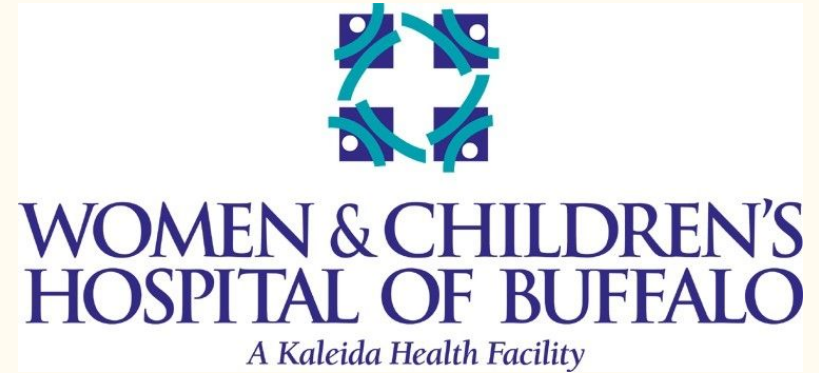
# [Our Plan]

- Pre-cut pieces of various types of paper to make a 3D snowflake
- Have patients write what they desire most, what makes them happy, or what they like about their snowflake at that moment on an index card and attach it to the snowflake
  - Broyard/literature influence
  - Think about your happy place
  - Open-ended
- Help patients form snowflakes that they can hang in their rooms
  - Decorative
  - Seasonal
  - Reminder of a moment's happiness
    - Something to work towards, look forward to, or be reminded of



# [Our Visit]

- Friday, December 2 from 3:00 to 5:00 PM at Women's and Children's Hospital of Buffalo
- Split into two different groups with one Arts in Healthcare representative: Alex and Makayla, Nate and Mai
- Travelled to different floors; surgical wing, patient rooms, playroom, waiting to be discharged, etc.



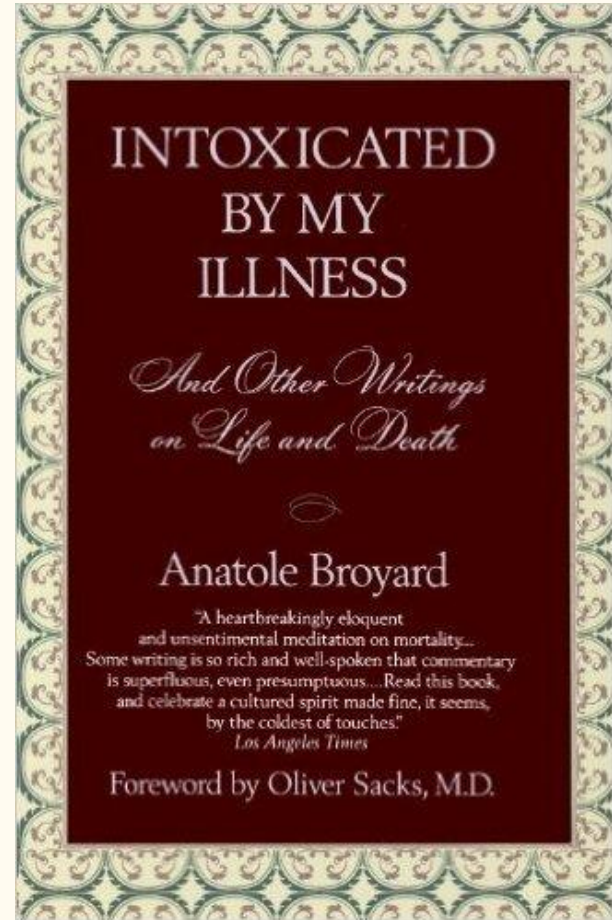
# [Reflections]

- Makayla - Fun and informational; children may not understand fully but are still affected; playroom
- Alex - Unexpected; fortunate that children participated; contact precaution room brothers
- Mai - Ornaments with extra supplies; assisting family and arts in health representative
- Nate - Beneficial art project for family waiting to be discharged; reserved patients
- Akshata
  - Unable to go
  - First experience as patient
    - Cheap distractions in hospital
    - Hard to lose yourself and forget reason for being in hospital



# [Class Themes and Influence]

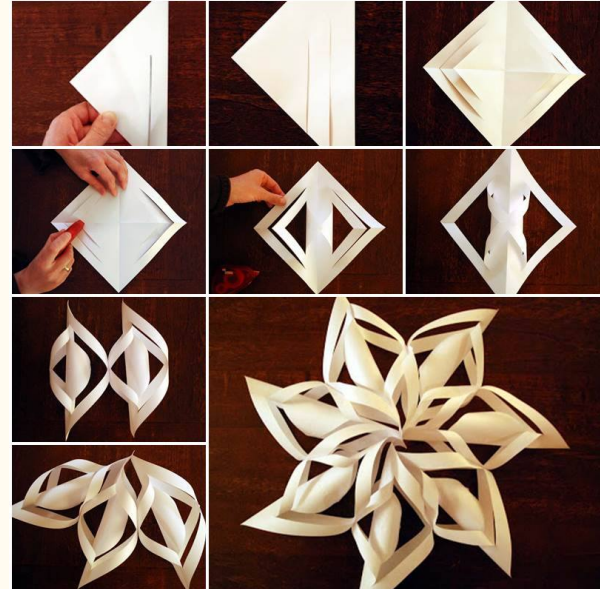
- Anatole Broyard
  - What do you want most from your doctor?  
Who is your ideal doctor?
- Autonomy: Arts in Healthcare  
representative explained how important it was for patient to make decisions for themselves; open ended questions and conversation
- Literature component allows freedom of expression/thought
- Identity/Agency: It's important for children have a creation that is entirely theirs (ex. choose what color paper, cut paper themselves [if able], etc)



# [Suggestions]

- Prepare for outside medical equipment (machines, gloves, gowns, etc.) when planning art intervention, so that the activity can occur smoothly and without any complications
- Try to keep conversation and activity work continuous; once the individual stops talking or doing, the patient may feel inclined to do the same
- When working with kids, try and react as little as possible and keep conversation light. Young children tend react heavily to changes in tone and environment
- Find a more integrated way to include influential class literature for context

- When making 3D snowflakes with younger children, have precut pieces of paper ready. The activity will hold their attention longer if children have less to do, and it makes it easy for all involved



# [Outside Resources]

- <http://www.wikihow.com/Make-a-3D-Paper-Snowflake>
- [http://www.ubortho.com/locations/the\\_women\\_childrens\\_hospital\\_of\\_buffalo/](http://www.ubortho.com/locations/the_women_childrens_hospital_of_buffalo/)
- <http://amhersttimes.com/informational-meeting-on-proposed-women-childrens-hospital-relocation/>

