Fun with Bookmarks!

An Arts in Healthcare Initiative

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Introduction

- The Project: Bookmark Craft and Exchange
- Prompts
- Traditional bookmarks
- Corner bookmarks
- Goal: Community development
- Flexibility
- Expectations

The Visit

- Arrival: Meeting with Molly
- Third floor: Engaged a family in the waiting area
 - Transformation: Bookmark → Christmas Ornament + Get Well Card
- Fifth floor: Worked with two young girls on some more bookmarks; Greg's guitar tunes set the mood!!
 - Transformation: Bookmark → Door Sign
- Quick trip up to 7th floor to see skyline

Sample Door Sign



Literature and Medicine

- Healing Words and the presentation by Arts in Health Initiative
- How Art Heals
 - It helps patients open up a little more to interact with other people and understand themselves
 - It helps the patient feel important
 - It gives the patient something to do aside from their normal activities

Suggestions/Advice

- Don't: Bring typical coloring supplies
 - Do: Bring alternative supplies (stickers, ribbons)
- Do: Keep the project simple!
- Don't: Volunteer in large groups
 - Do: Have a buddy--volunteer in pairs!
- Do: Take into consideration the age of your participants
- Do: Sense the comfort level of your participants and act accordingly!

